Hamilton Masters Swimming Club



5 Bridges River Swim

(Annual Event since 1939 - 71st anniversary)

Sunday April 11th 2010

Swim 6 km under 5 central Hamilton bridges

Registration and Start: Hamilton Gardens, Hungerford Road, Below car park **Finish**: Ann St Beach.

Registration from 11.40 am Briefing 12.40pm Start 1.00pm

General Information: Swim Rules

Minimum age for participation: 19 years as at 31 December 2010

- Please make sure you read the safety instructions on this page and those at registration. Safety instructions will be read out before the start
- Bright swim caps must be worn throughout
- Wetsuits are permitted
- Kayaks and canoes will accompany swimmers for safety
- Competitors will be permitted to have their own safety kayak or canoe accompany them. All paddlers are required to wear a buoyancy vest or life jacket
- All Marshals and Water Safety Personnel instructions must be followed
- Cup for first woman and first man
- Times will be recorded and displayed
- · Organisers reserve the right to withdraw any competitor deemed incapable of safely continuing
- Start is at Hamilton Gardens, Hungerford Rd Below the carpark
- Finish line is Ann St Beach
- Final times are taken at marked finish exit from river at Ann St Beach
- Most swimmers can expect to take between 50 and 55 minutes to complete the swim
- Environmental cancellations will be by email, or phone us if you are uncertain.

We suggest that you park your car at the finish. Transport will be provided from finish to start and to transport belongings. Please let us know ahead of time if you require transportation.

Contact: Ele Pinfold: 07 854 9874 ele-ross@wave.co.nz 027 417 0211

ENTRY FORM

(Annual Event since 1939) Hamilton 5 Bridges River Swim – Sunday April 11, 2010

rst name	Last name	D	.O.B.	Age	M/F
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ourb wn / City					
one (Home)					
nail address					
Participant bacl	ground (circle as ma	ny as approp	iate):		
Age Group Swimmer Other	Lifesaver Triathlete	Masters Swin	nmer		+
If Masters swim	mer - Membership no	•			
_	for participants:				76.3
phone:		_			
•	Results release: eg Swim				
I have included a p		\$ 15.00 \$ 20.00 	OR: : <u>03</u>]	<u>1560 004</u>	7661 <u>00</u>
Please make cheque	s payable to Hamilton Ma	sters Swimming	Club		
Post to: Hamilto	n Masters Swimming Clui or enter on		3, HAM	ILTON	
Contact: Ele Pinfol	d: 07 854 9874 ele-ross@	wave.co.nz or	027 417	0211	
waive all claims for liab videos, or recordings ta	ne rules of the 2010- 5 Bridges R ility against the event organisers ken may be used by the organ and storing of the information I acy Act 1993.	s, promoters and sponisers, promoters or	nsors. I a sponsors	gree that ar for publici	ny photograph ity purposes.
Signed			Date	/	/