

Manukau Masters

New Zealand

PRESENTS



JUST SKINS



UP FOR GRABS IS THE
JANE LOGAN TROPHY
 FOR THE TOP CLUB

MANUREWA AQUATIC CENTRE
 Sykes Road, Manurewa

8th August 2009

Warm-up 4:00 pm - Start 4:30pm

\$10 ENTRY FEE – Entries Close 27th July 2009

Entry fee entitles you to enter all 4 events

The Major Meet Rules are as follows:

- The meet is run with up to six (6) people in a heat
- The first length is as per a normal race start
- All subsequent lengths swum are started in the water. One hand shall remain in contact with the wall until the start signal is given.
- Every subsequent length is started 60 seconds from the original start time until a winner is found
- The last person is eliminated each time a length is swum, unless a disqualification arises, then the disqualified person is eliminated
- Dead heats are to be re-swum at the discretion of the Referee
- Points are awarded as follows 1st 6pts, 2nd 5pts, 3rd 4pts, 4th 3pts, 5th 2pts and 6th 1 point
- The club with the highest total points wins the Jane Logan Trophy
- Swimmers do not have to be masters swimmers, but must be over 25 to compete

For Inquiries either E-mail smith.rj@xtra.co.nz or president@manukaumasters.co.nz

Name:			DOB:	
E-Mail:			Contact#:	
Age Group:	Under 40 : 40 to 59 : 60 & Over (Circle one) <small>Your age is the age you are on the night</small>		Male/ Female	
Event	Stroke	50m Time (used for heat seeding)	Club Code	
1	Butterfly		Masters #:	
2	Backstroke			
3	Breaststroke			
4	Freestyle			

Please send this section with your payment to:

Manukau Masters, 9/18 Alicante Ave, Manurewa, Auckland 2102

Please Make Cheques Payable to - Manukau Masters Swimming Club Inc.